Do you know what is (not) healthy in a relationship?

How can you tell?

I can...

- Hang with my friends and family
- Feel respected and appreciated
- Be myself
- Walk away
- Talk openly and freely
- Put my phone down

Are you...?

- Isolated from your friends and family
- Made fun of in front of others
- Told what to do and what to wear
- Scared to end the relationship
- Afraid to say the wrong thing
- Expected to always answer a call or text

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Remember, friends make sure friends are safe. You can make a difference in one person's life.